BEST PRACTICE SUMMARY

HOW DO NEW ZEALAND FOOTBALL INTEGRATE SELF REFLECTION INTO FORMAL COACH DEVELOPMENT?

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THE NEW ZEALAND FOOTBALL VISION

INSPIRATIONAL PERFORMANCES ON & OFF THE FIELD

• WORLD CLASS PLAYERS
• WORLD CLASS TEAMS
• WORLD CLASS FACILITIES
• WORLD CLASS TRAINING
• WORLD CLASS COACHES
• WORLD CLASS COACH EDUCATION

TRADITIONAL DELIVERY IN COACH DEVELOPMENT

• Coaches ‘copying’ Coach Educators
• Surface Learning – Memory Test!
• Cramming of new knowledge
• Non-Contextual Scenarios & Topics Issued
• ‘Pressure to Perform’
• Summative Assessments on course
• Highly adaptive change in behaviours

SETTING AND FIXING THE PROBLEM

• Their Own Match Analysis
• Recorded throughout
• Opportunity to PRACTICE
• Video and audio analysis to peer mentor
• Evolutionary development
• Simulates real life scenarios
• Simulates the Assessment and Reflection Process
REMOTE ASSESSMENT

- Real World Coaching
  - Non Adaptive Behaviour
- Their own environment and players
- Less Reliant on Coach Developers
- Formative Assessment
  - Self-determined submission date within 2 years
- Unlimited Assessments
  - Pressure to perform
- Self Directed and Independent
  - Coach Responsibility