School PE and Grassroots sports

Introduction

• Changing society, changing school environment
• New approach of PE vs traditional way
• New role of PE in 21st century
• Link between PE / PA and (performance) sports
• Life-long path of PE and sports

Aims of development

• Introducing grassroots sport concept
• Implementing grassroots in school sports
• Grassroots – Phys. Ed. – Phys. Activity
• Grassroots Festivals and Student Olympics

Present of PE in Hungary

• Daily PE since 2012 (due to new legislation)
• 5 PE classes or 3+2 classes (sport specific class)
• Inclusion of sport clubs, federations

Present of Student Olympics of HSSF

• Recently: traditional way of organizing events
• Relegations: regional, county, national level
• Only the best ones reach the final stage
• Smaller and non-sport schools are not motivated
• Limited number of students

Different aspects, aim and scopes of grassroots

• PE – daily phys.ed. (3+2 class splitting)
• School sports - (inter and intra, regional)
• Student Olympics - (regional, county, national)

ROLE of HSSF

• Sport specific curricula
• Free CPD programs for teachers
• New materials and guidelines
• EU Funds
Concept and work of HSSF

Researching and observing:
- International publications of science
- Documents and recommendations of sport politics
- Best practices of sport organizations

Development process
- Focusing on school sports
- Creating national concept and sport frameworks
- Completing schools sport festivals
- Manuals & guidelines for students or players, coaches, leaders, parents and organizers
- Running pilot project 2018-2019

Role of grassroots
- Cooperation with sport sector (federations and clubs)
- Motivate smaller and rural communities, schools
- Focus on local priorities
- Motivate all kids
- Efficient and successful early development for all kids

Future of sport and PE development
- Joyful learning and sport experience of kids
- Mental, social, physical health development of kids
- Versatile "training" of kids
- Reducing drop-out
- New educational values
- New impact for teachers

Future of Student Olympics
- Step by step process. Pilot projects first!
- Dual system: grassroots and traditionally competitive ways (upper elementary and secondary schools)
- Age 6-10: grassroots only
- Festivals: single, dual and multi sport events

Future of sport and PE development
- Positiveness toward PA
- Mostly developed only in PE class
- Personality development
- Future-oriented thinking
- Social bearing
- Self-efficacy and motivation
**Why grassroots?**

Why grassroots?

**The International background and best practices**

The International background and best practices

**What do we focus on**

What do we focus on

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**Definition**

"Grassroots sport is physical leisure activity, organized and non-organized, practised regularly at non-professional level for health, educational or social purposes." - Shaping Europe, EC HLG on Grassroots sport (2016.)

"All sports or sport activities at any ages that is not professional or not related to national selects program" - UEFA

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**Main concept**

The philosophy is that the game is not just a sport for the elite.

It is available for everyone, irrespective of size, shape, colour or faith. It is a real sporting democracy which offers educational values, health benefits, social opportunities and sporting worth.

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**Value of grassroots sports**

Vehicle for educational, social and sporting development.

Real sporting democracy which offers educational values, health benefits, social opportunities and sporting worth.

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**European Commission High Level Group on Grassroots Sports**

- Under the political leadership of Commissioner Mr. Tibor Navracsics
- Group member: President of HSSF
- Work in 2015-2016
- Executive report in 2016

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**HLG on Grassroots sports**

Focusing on 4 key issues – long term goals:

- Promotion of health enhancing physical activity
- Employment and skills benefits of grassroots sport
- Accessibility of EU funding, including Erasmus+ for grassroots sport
- Securing stable/strong financing support
HLG on Grassroots Sport Benefits

Long-term investment in sport, a **cross-sectoral approach**:

- Schools and clubs have priority – major role!!!
- Health benefits
- Social inclusion
- Informal learning and skills development
- Volunteering
- Economic dimension (including impact and sustainable funding), urban planning, infrastructure.

International background and practises

IOC / TAFISA / WHO / UNESCO
- Sport for All and Sport and Active Society
- Education and Sport: Move! Learn! Explore!

More international practices

- Grassroots programs of International Federation
- Sport Federation of US and Canada
- Australian Sport Com. & Institute
- UK Youth Sport Trust
- Danish Sport Confederation
- Finnish Olympic Committee

LTAD, S4L and grassroots - common root, fund, start

- Performance sport is marginal
- Majority of schools pupil will not be elit athlete, remaining amateur
- Life-long physical activity is more significant
- Better, proper funds for everyone
- Appropriate early development

Thank you for your attention!