The Future of Reflective Practice for High-Performance Coaches

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Summarize the state of the literature on the use of reflective practice by high-performance sport coaches.

Reflective practice is important for success

- Irwin et al. (2004);
- Gallimore et al. (2014);
- Knowles, Gatz, & Gilbourne (2012);
- Knowles et al. (2014);
- Trudel & Gilbert (2013);
- Taylor, Werthner, Culver, and Callary (2015);
Future of Reflective Practice
Thank you!

Francois Rodrigue, PhD (candidate)
Pierre Trudel, PhD

ARTICLE COLLECTION

- RESEARCH QUESTION:
  - HOW TO DEVELOP FROM A COMPETENT COACH TO AN EXPERT COACH?

- DATABASES: SportDiscus, PsycInfo, ERIC, Educational Source.

- EXCLUSIONS: Books, book reviews, thesis dissertations, non-English or French articles.

- INCLUDED ARTICLES: 2005 to 2015

- KEYWORDS: coach*; develop*; training; educat*; sport; athlete;

INTER-SECTING NODES (Sources)

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<th>Source</th>
<th>ELITE</th>
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STEPS OF ARTICLE COLLECTION

1. Establish a research strategy with the co-author and a librarian.
2. Develop a combination of including/excluding words such as coach*; develop*; training; educat*; sport; athlete.
3. Literature search in SportDiscus.
4. Literature search in PsycInfo.
5. Literature search in ERIC.
7. Organize the list of references.
8. Articles were read and analyzed chronologically in chronological order to have a better feel of the construct's progression.
9. 113 articles were considered relevant to the study.
10. 45 articles were considered relevant to the topic.
11. The articles were reviewed and discussed between both authors.
12. The first author reviewed the current literature to ensure that all texts were included.

References

# LEARNING SITUATIONS

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